

# ATTENTION!

**To ensure the health & wellbeing of the public we are seeking your help to**  
**REDUCE THE RISK OF EXPOSURE**  
**to COVID-19**

## **Some ways you can help:**

- practice social distancing & avoid unnecessary activity including visits to the pharmacy
- practice good cough etiquette
- practice good hand hygiene by using soap, water & washing for at least 20 seconds OR use alcohol based hand rub
- ask your healthcare practitioner if they can fax, or phone in prescription refills
- **CONTACT US** in advance of coming to the pharmacy if you have fever, cough or difficulty breathing or been in contact with someone who does
- ask us for advice on alternative prescription pick-up or delivery options

**Contact us at:** \_\_\_\_\_



**We understand that this is a difficult time.**  
**Your pharmacy professionals are here to help.**